



Prairie Knolls Falcon Flyer May 2018

Important Dates

- 4 ½ Day for Students
School Improvement
- 7 Teacher and Nurse
Appreciation Week
- 8 5th Grade
Orientation
(CT & LL)
- 9 5th Grade Band and
PKMS Jazz Band
Concerts
- 10 5th Grade
Orientation
(PV & HBT)
- 15 Band Concerts
- 17 Recognition
Breakfast
- 22 Chorus Concert
- 28 No School

**June 1 – Last Day of
School (Falcon Day)**

Please Check Out The
Community Flyers
At The End of This
Newsletter

A Message from Dr. Haug,

May is upon us with the promise of summer just around the corner! As we prepare for the final five weeks of school, please help me remind our students that we do, in fact, have five weeks of learning ahead of us. The staff and students have worked hard this year to cover the curriculum and it is my hope that our students remember to finish the year strong!

As is also the case in the month of May, we are not only finishing up with one school year, but we are planning for the new school year to start. Parents, please remember to go online and complete the registration and fee payment processes. We count on your assistance so that our electronic records can be updated before August arrives. This helps us ensure a smooth transition to the new school year.

Please be sure to review the attached pages to learn more about what is taking place in the classrooms this month at PKMS, as well as the many outside activities that your child can join to keep them physically and mentally fit in the summer months.

Finally, with the advent of good weather, we have many more students walking and riding bikes to school. Please be sure to follow our prescribed traffic plan in the football parking and don't ask your children to meet your parked car in this lot. We all want to ensure a safe and healthy environment for our students.



Falcon Flyer Headlines

News from Nurse Grote

DENTAL REMINDER FOR GRADES K, 2, & 6TH

The state of Illinois requires all students who are in Kindergarten, 2nd, and 6th grade to have a dental examination completed and on file in the health office by May 15th. The dental examination must be completed within 18 months prior to the 05/15/18 deadline (earliest accepted date of exam: 11/15/16). If you have not already done so, please send in the completed examination form to the health office as soon as possible.

The end of the year is quickly approaching. If your child has medication(s) in the nurse's office, please plan to pick them up by Friday, June 1, 2018.

PKMS Spring Open House a Success!

Thank you to all of our families, incoming 6th grade families as well as current 6th and 7th grade families, for coming to our Spring Open House this past Thursday night. The evening was very well attended, with informational sessions about a variety of topics, tours of the school provided by our Student Ambassadors, and opportunities for connections among PK families and with staff members.



Follow us on Twitter!

You can follow us on Twitter to learn more about the day-to-day activities at PKMS. Follow us at @PKMSPrincipal or @falcon_ap.

6th grade Science Celebrates Earth Day!

To celebrate Earth Day, many sixth grade science students chose Earth Science topics to explore. Topics ranged from natural disasters and the Greenhouse Effect to alternative energy sources and the effect of decreasing soil moisture on plant growth. The students conducted research to find out what scientists are learning, doing and saying, and then chose a way to share this new information with their peers. Some designed fun and informative board games and newscasts, conducted experiments or made brochures.

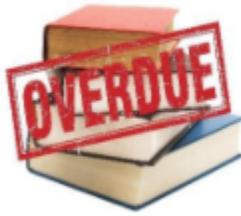
7th grade Science Students in S.T.E.A.M. Challenge.

7th grade Science students investigated the real-world problem of too much plastic in our refuse and the biodegrading problem that this represents. Students were then tasked with designing and environmentally-friendly soda can carrier. This task combined not only the elements of Science and Engineering, but also visual design and mathematics! Great work 7th Falcons!

Library News



The annual Scholastic BOGO Book Fair is scheduled May 7th to May 11th in the PKMS Library. Students may shop daily from 7 a.m. to 3:30 p.m. On Wednesday, May 9th, the book fair will remain open until 6:30 p.m. so families may shop. This is a great chance to stock up on summer reading. So, mark your calendars now!



Help us please! As the school year winds down there are still multitudes of students with library overdues that are not being cleared. Overdue notices are emailed to students every Monday, Wednesday, and Friday. Please remind your student to check their email and get those late books returned. Contact Mrs. Inkinen if you have any questions.



FINAL TRIP MEETING – Save May 22nd on your calendar. The final meeting for the Washington D.C. trip will be in the PK gym at 6:30 p.m. Final itineraries will be distributed, instructions given, and questions answered. Don't miss this meeting! Contact Mrs. Inkinen with any questions. |

Encore News- Art

Things are in full swing for 4th quarter Art students! We are getting ready to begin working with clay in both 6th and 7th grade. 6th graders will be constructing a 3-D depiction of a cherished memory/place on a tile using slab construction and 7th graders will be constructing a "Self-Portrait" in the form of a mug, also using slab construction. Time to get our hands dirty!

On another note, there are still several projects from previous quarters that were never picked up. So if you (or your student) are missing any of their artwork from quarters 1 - 3, be sure to stop by the Art room to collect all of your beautiful work before the end of the school year!



6th Grade Team News

ELA - With the year wrapping up, ELA is still going strong! We will be wrapping up the year with a speech based on the book *Wonder*, and we will also have student selected book clubs going on during the month of May to keep up the reading stamina. We ask that students keep up the habit of always having a book with them as well as having a plan to read some books over summer. Check in with your child about some books they plan to read in the upcoming months!

Math - Math is currently on their last unit which is all about statistics! Students are analyzing and displaying data with many different types of graphs. We will also be starting an end of the year project to wrap everything we have done this year together. Students will be able to pick between two different projects to really show their math strengths! The Fishy Business Project focuses on algebra, while the Taco Truck Project will focus more on Geometry. Encourage your child to pick the project they feel they can really show their skills on!

Science - We will be starting our last unit of the year, "Weather and Climate". Students will be studying weather at the atomic level. What causes heating and convection currents? How does this lead to a change of pressure? What creates winds? Hopefully spring will arrive so we can go outside and collect weather data using weather instruments. Watching the solar bag rise in the sky is one of the highlights of this unit (all due to convection!).

Social Studies - Social Studies is wrapping up the Middle Ages and will be creating a filming project centered around the Renaissance! Students will be researching various topics and people (including the Ninja Turtles) that brought about European cultural change! We'll then be seeing how the Reformation transformed thinking in society and how countries and monarchs set their sights on moving 'Westward'!

7th Grade Team News

Science - is studying Genetics and Heredity. We just completed a project in which we "bred" Zorks and figured out the probability of the parents passing their traits on to the baby Zorks. 7th grade science students took a short break from our everyday studies to celebrate Earth Day with a STEAM activity. Students were given the task of designing a eco-friendly, cost effective alternative for plastic carriers that accompany 6/8 packs of soda. Students came up with lots of creative and practical ideas that were then "pitched" to their teachers, AKA soda company owners.

ELA - students will be writing narrative stories based on one of our units from this year. They will be writing from an inanimate object's point of view. Our final text we will read together is *Getting Away with Murder: The True Story of the Emmett Till Case* by Chris Crowe. This book is part of our equality unit and will help students understand why the civil rights movement began.

Math - will be doing simulations and discussing probability of events for the first part of May. To wrap up the year, we will be slicing 3D figures, finding volume, surface area, and composite area. Pre-Algebra students will be exploring systems of equations. They will finish the year with the statistics unit.

Social Studies -students will be finishing up the year analyzing the presidency of Andrew Jackson and will have the opportunity to decide if he was a "saint" or a "savage". We will then be looking at the different strategies (war, diplomacy, etc.) that America used to expand westward and fulfill our Manifest Destiny. Lastly, students will be working to answer and reflect on the essential questions from the whole year in an end of the year project.

Recognition Breakfast



Each Quarter PKMS recognizes some of our most outstanding students at our PKMS Recognition Breakfast. The Quarter 3 winners were honored on Thursday, April 19, 2018. The 4th Quarter Recognition Breakfast will be held on Thursday, May 17, 2018. Quarter 3 honorees are listed below. Congratulations to all!

Character Award Winners: Ryder Bergemann, Danielle Durckel, Sierra Elste, David Johnson, Gabriella Payton, Logan Karottu, Ernesto Lopez Magallanes, Gabriella Payton, Brooklyn Samann.

Exemplary Award Winners: Nathan Batani, Kayla Cole, Kiera Finn, Jada Hall, Keira Heindl, Reese Klug, Myles Lowe, Brandon Migala, Mitchell Pedrigi, Leah Pfeiffer, Grace Raap, Hannah Rindner.

Prairie Knolls Award Winners: Joey Barm, Maddie Hargadon, Payton Hartwig, Logan Karottu, Kaitlynn Kinnard, Nolan Milas, Lexi O'Neill, Gabriella Payton, Khushi Raval, Ava Sandoval, Aadi Thakkar, Jack Winkelhake.

Academic Award Winners: Duke Anderson, Eva Boer, Kayla Covey, Ryan Holder, Jade Huaracha, Arianah Klawinski, Kristian Kwasniak, Daniel Nava, Mikayla Onayemi, Drew Scharnowski, Natalie Simek, Piper Tunney.





Falcon Athletics

2018 Spring Sports

Our track team is wrapping up their successful season in the next week with the conference NCJC track meet being held on Saturday, May 5th. We would like to wish them the best of luck as they finish their season! Our Track team will be participating in the IESA (Illinois Elementary School Association) State Tournament this year. Sectionals will be held on Saturday, May 12th. Any individuals that advance will take part in the State Tournament on May 18th and 19th! Good luck athletes!!

Summer Camps and Programs

The brochures and information for any summer camps will be listed under resources on the Central High School 8to18 page (<http://il.8to18.com/bchs>). Enjoy your summer!

2018-2019 Fall Sports

Information for the beginning of our fall sports programs (cross country, football, and volleyball) will be coming home during 4th quarter as well as be posted on our PK 8to18 webpage (<http://il.8to18.com/PrairieKnolls>) by early June. We hope to see many of you in August participating in one of our athletic programs!

PKMS Requirements for Athletic Participation

Below are the general requirements needed to participate in athletics:

- Physical (within one year)
- Register on 8to18 for each sport that you wish to participate in.
- Fee (\$100.00 due before the first competition)

Any student who does not have a physical or have registered on 8to18 will not be allowed to tryout or practice!

3rd Quarter Gold Honor Roll

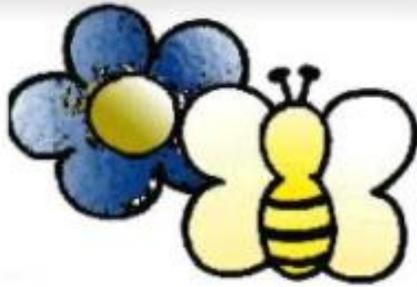
Jadon Alex	Hannah Fugiel	William Maramba	Karel Saligumba
Asad Ali	Michael Ganziano	Ella Marin	Brookelyn Samaan
Charles Ames	Ava Glazik	Makayla McEwen	Eva Samue Kean Saligumba
Kenzie Andersen	Paige Greenhagel	Alexandra McGowan	Yzabelle Sanavongsay
Robert Anderson	Chaitan Grewal	Andrew Messina	Ava Sandoval
Nickolas Andrinopoulos	Ravindar Grewal	Nolan Milas	Andrew Scharnowski
Joules Apura	Jordan Guerrero	Alyssa Moller	Taylor Schilke
Gabrielle Atkins	Kyra Gulati	Melissa Montero Segura	Morgan Schmidt
Stephanie Atto	Mackenzie Hacker	Bhumi Morker	Matthew Schmidt
Reese Auxier	Cody Hanline	Madelyn Mucci	Daniel Schmuldt
Daniel Aykroyd	Matthew Hansen	Ella Muermann	Sarah Schrader
John Balasbas	Payton Hartwig	James Muetterties	Aarya Shah
Isela Barajas	Daania Hashmey	Daniel Nava	Natalie Shavlik
Joseph Barm	Keira Heindl	Jacob Nielsen	Jaidyn Sheehan
Jasmine Basa	Jake Herman	Rowyn Obrien	Dilpreet Sidhu
Leila Basa	Makenna Herman	Teagan Oconnor	Natalie Simek
Nathan Batani	Adam Hinkleman	Mikayla Onayemi	Wrigley Smith
Jheanne Benito Arceo	Ryan Holder	Alexandra Oneill	Emma Smothers
Ryder Bergemann	Jade Huaracha	Ethan Onken	Morgan Sobota
Ivan Berus	Bethany Hubener	Victoria Ortiz	Kennedy Sreckov
Marla Bingcang	Ella Ingersoll	Mason Page	Sierra Steele
Andre Blakley	Emily Jack	Ella Paquette	Charles Strout
Eva Boer	Soham Jaswani	Isha Shailendra Patel	Brandon Stumbaugh
Kristiana Brennan	Cassidy Kang	Urvi Patel	Michael Sula
Rachel Burton	Eirini Karavasis	Yaisha Patel	Eesha Supelia
Abigail Carpenter	Elisha Karottu	Krish Patel	Lexi Teresinski
Youngwoo Cho	Abby Keeny	Sia Patel	Aadi Thakkar
Kayla Cole	Skye Kerley	Krishna Patel	Aarya Thakkar
Fausto Coloma	Corryn Kester	Gabriella Payton	Diya Thakkar
Kayla Covey	Dylan Kester	Andrew Payton	Vidhi Thakkar
William Crumlett	Braedyn Kim	Mitchell Pedrigi	Nora Thompson
Aidan Daniels	Kaitlynn Kinnard	Alan Perez	Nina Tomko
John Danz	Arianah Klawinski	Michael Person	Piper Tunney
Siena DeGaetano	Piper Kling	Jack Petsche	Joselyn Valladares
Isabella Delgado	Reese Klug	Leah Pfeiffer	Nandana Varma
Samantha DiBartolo	Griffin Kollhoff	Brianna Phorasavong	Amanda Vaughn
Leighton Dietz	Joseph Kowall	Szymon Placzek	Mia VerCande
Amy Dillon	Madeline Kudelka	Sophie Pollack	Lauren Viebrock
Caprice DiMaggio	Ethan Kujawa	Aanya Prasad	Michelle Wang
Brianna Domaleczny	Kristian Kwasniak	Grace Raap	Shamar Watts
Riley Doody Catalano	Jacob Lackowski	Alexander Randolph	Mia Wheaton
Chloe Doody Catalano	Madison Lagasca	Julian Ramirez	Nathan Wilmington
Danielle Durckel	Kayla Lanser	Kieron Rank	Aidan Wilson
Ava Elders	Emma Larson	Hana Rasul	Michael Wood
Tristan Escobar	Nolan Leegard	Katrina Rath	Luke Wood
Ethan Escobar	Matthew Lemon	Khushi Raval	Victoria Zielinski
Jake Esterly	Libby Levine	Elaina Rezabek	
Avia Etnyre	Haley Lindquist	Brennan Riff	
Abigail Evenson	Kambria Lobliner	Hannah Rindner	
Brianna Farmer	Ernesto Lopez Magallanes	Carly Robinson	
Colin Finn	Lucia Lopez Magallanes	Connor Rubin	
Andrew Flolo	Alyssa Maiquez	Ryan Ruthenberg	

3rd Quarter Silver Honor Roll

Zachary Adamo	Talia Grzelak	Madelyn Oranski
Zayn Afeef	Mia Hansen	Calvin Ostrye
William Aguirre	Madeline Hargadon	Daniel Pawlisch
Duke Anderson	Noah Henry	Emma Payton
Keira Antona	Alberto Huichapa	Trey Pearson
Joshua Atkins	Omar Ibrahim	Gavino Pedone
Mikaylah Aurelio	Rayaan Iqbal	Reese Penar
Andrew Azar	David Johnson	Alicia Perez
Dylan Bart	Ellisa Johnson	Matthew Powell
Kayla Batts	Claire Joseph	John Quinn
McKenna Berglind	Logan Karottu	Emily Rafferty
Kaleb Boer	Gabrielle Kerr	Umaiza Rahim
Alyssa Bognetti	Rahemeen Khan	Hannah Reed
Ashli Bonds	Obaid Khwaja	Grace Ritzman
Clara Braden	Henry King	Mason Rosborough
Jenna Brandes	Andrew Knox	Nicole Sanborn
Grace Brigante	Tyler Kotera	Savannah Scheuer
Jacob Bryla	Nathan Kotwica	Kyle Schmidt
Grayson Burton	Ryan Kries	Aiden Schmidt
Reiker Cho	Brady Lamberg	Macey Schultz
Madylin Cobb	Ivan Larson	Eduardo Serna Saucedo
Julia Copre	Makayla Larson	Alayna Share
James Crosby	Logan Lehman	Jack Shellabarger
Charles Cummings	Kirsten Lim	Sarim Siddiqui
Malena Cundari	Chelsea Logsdon	Humza Siddiqui
Peter D'Antonio	Myles Lowe	Megan Simmermon
Adelaide Dauel	Braden Lowitzki	Karina Spencer
Matthew David	Payton Luce	Allison Stahl
Angelina Drew	Averi Maraccini	Skyla Stewart
Jenna DuMelle	Sophia Mazziotta	Hannah Tatu
Ellie Elders	Brayden Mcelmury	Holly Thompson
Sierra Elste	Katherine McKay	Tyler Thompson
Jenifer Escobar	Ria Mehta	Ava Torres Holman
Tyler Eshoo	Alexandra Mendel	Caden Ulmer
Tiana Foreman	William Metz	Maxwell Vanderwiel
Hannah Freesemann	Kailey Milburn	Paul Vesper
Emersyn Fry	Lola Mugavero	Isabella Waeghe
Robert Gall	Isabella Murillo	Christian Walikonis
Corynn Genenz	Andrew Nordwind	Sydney Walker
Lauren Giuliano	Nicholas Nuno	Masin Williams
MacKenzie Gonzalez	Carsen O'Brien	Jack Winkelhake
Makayla Gonzalez	Sophia Ochana	Abigail Young
Gavyn Gonzalez	Kaitlyn O'Connor	Nicholas Zizas
Nicholas Gouriotis	Madelyn Oranski	

3rd Quarter Bronze Honor Roll

Rhiannon Abate	Giada Gemelli	Matthew O'Connor
Luis Aguilar	Tyler Gettinger	Daniel O'Donnell
Summer Alcorn	Brady Gilroy	Mykel Palao
Aidan Arreola	Reese Graf	Carolyn Panzer
Sophia Ary	Jacob Griffey	Kushal Patel
Allyna Ascencio Sanchez	Anthony Guerrero	Trent Patterson
McKenna Ashton	Andrea Guzman	Riley Pecucci
Jackson Axtell	Owen Hachfeld	Anna Perez
David Barkocy	Anthony Haith	David Peterson
Natalia Barnas	Jada Hall	Caden Phengkeokaisone
Christian Biggs	Zaayar Hasan	Douglas Phillips
Samantha Bramer	Solomon Her	Hannah Raders
Rylee Butler	Jacob Hernandez-Pina	Ariana Riep
Andrew Capps	Camren Horton	Tanner Ritzman
Taylor Carey	Adam Hough	Dayannah Rodriguez Rubio
Nicholas Casillas	Daniel Hudzik	Aidan Rohl
Sabrina Chernikov	Davin Hunt	Ruby Rubio
Benjamin Considine	Sabina Jandry	Chelsea Ryan
Diego Cruz	Suliman Jandry	Meera Sathish
Joseph Csikortos	McCoy Janecek	Melodie Sayasane
Nora Dalke	Keian Jao	Jessica Scigliuolo
Carly Danz	Caleb Jayaraj	Lizbeth Serna Valdes
Benjamin Davis	Avery Jones	Vraj Shah
Adaline Di Girolamo	McKenna Jones	Aayan Siddiqui
Yamila Dominguez	Alexander Kaye	Kaleb Skole
Cooper Dorn	Anna Keeny	Carter Smith
Samantha Ellis	Zoey Knych	Hunter Smith
Ericka Enriquez	Katelyn Lawrence	Kennedi Stock
Mason Erickson	Nicholas LeMaster	Olivia Stock
Page Erickson	Lucas Lemon	Abby Stoev
Quinton Erickson	John Lenz	Victoria Tenaglio
Benjamin Esparza	Naiarah Lopez	Elise Torres
Edgar Espinosa	Grace Lyon	Nadine Trevino
Vanessa Farmer	Nico Mainolfi	Caden Van Slyke
Keanu Farrell	Brandon Mancera	Evan Van Vleet
Michael Fernandez	Antonio Martin	Lucas Wackerlin
Oliver Ferro	Bryan McGladdery	Tyler Wadford
Kiera Finn	Emily Menke	Isabella Warrensford
Jacob Flolo	Brandon Migala	Layla Wellington
Michael Franzone	Leyna Miller	Lexi Wilbrandt
Andrew Garcia	Grace Moritz	Francesca Winkelhake
Caleb Garcia	Joshua Murray	Joshua Wolfe
Jack Garcia	Jalen Negron	Ryan Wustefeld
	Sophia Nguyen	Michael Zeinieh
	Ian Noble	Alyssa Zizas



CENTRAL COMMUNITY USD 301
Prairie Knolls Middle School
MAY 1 - JUNE 1, 2018

Value Meal Lunch Price: \$2.90

Meal Includes Choice of Milk

Reduced Price Lunch: \$0.40

Meal Includes Choice of Milk

Milk \$0.40

Choices are: Skim, 1% Unflavored, FF Chocolate & FF Strawberry

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu Subject To Change Due To Market Conditions and Product Availability.</p>	<p>1 BRE ADED CHICKEN PATTY On A WG Bun</p> <p>FRESH GARDEN SALAD with Cherry Tomatoes & Sliced Cucumbers w/Assorted Salad Dressg SEASONED CORN MIXED FRUIT CUP</p>	<p>2 CHEESE FRENCH BREAD PIZZA</p> <p>VEGETABLE TRAY with Broccoli-Cherry Tomatoes-Pea Pods with FF Ranch Dip GREEN BEANS PINE APPLE TIDBITS</p>	<p>3 ITALIAN MEATSAUCE Over Pasta with Breadstick</p> <p>TENDER PEAS CRUNCHY CELERY STICKS with FF Ranch Dip CHILLED APPLESAUCE</p>	<p>4 SCHOOL IMPROVEMENT DAY STUDENTS HALF DAY NO LUNCH</p>
<p>7 MEATBALL SUBMARINE with Shredded Mozzarella Cheese</p> <p>CARROTEENIES with FF Ranch Dip ITALIAN BLEND VEGGIES CHILLED PEACHES</p>	<p>8 AMERICAN SUB Made With Ham, Turkey and Cheese</p> <p>CRISPY TATER TOTS CRUNCHY CELERY STICKS with FF Ranch Dip CHILLED PEARS</p>	<p>9 CHEESE & PEPPERONI PIZZA BAGELS (4)</p> <p>FRESH GARDEN SALAD with Cherry Tomatoes & Sliced Cucumbers w/Assorted Salad Dressing GREEN BEANS FRESH APPLE</p>	<p>10 BAKED POTATO with Broccoli & Cheese Sauce with Dinner Roll</p> <p>VEGETABLE TRAY with Baby Carrots-Cherry Tomatoes-Green Peppers with FF Ranch Dip PINE APPLE TIDBITS</p>	<p>11 CHICKEN TENDERS with Dinner Roll</p> <p>MASHED POTATOES with Gravy TENDER PEAS JUICY ORANGE WEDGES</p>
<p>14 SLOPPY JOE On A WG Bun</p> <p>OVEN FRENCH FRIES GREEN BEANS MIXED FRUIT CUP</p>	<p>15 CINNAMON FRENCH TOAST w/Chicken Sausage Pattie and Maple Syrup Cup</p> <p>TRI - POTATO PATTIES (2) POWER FRUIT PUNCH JUICE FRESH APPLE CREAMY FRUIT YOGURT</p>	<p>16 CHEESE PIZZA SLICE Or PEPPERONI PIZZA SLICE</p> <p>VEGETABLE TRAY with Broccoli-Cauliflower-Cherry Tomatoes with FF Ranch Dip TENDER PEAS CHILLED PEACHES</p>	<p>17 BEEF NACHOS with Salsa & Sour Cream</p> <p>FIESTA BLACK BEANS SEASONED CORN CHILLED APPLESAUCE</p>	<p>18 POPCORN CHICKEN BASKET with Breadstick</p> <p>SWEET POTATO FRIES FRESH BROCCOLI FLORETS with FF Ranch Dip PINE APPLE TIDBITS</p>
<p>21 BEEF HOT DOG On A WG Bun Or TURKEY CORN DOG</p> <p>BAKED VEGETARIAN BEANS CARROTEENIES with FF Ranch Dip MIXED FRUIT CUP</p>	<p>22 MASHED POTATO BOWL w/Chicken, Com, Mashed Potatoes</p> <p>FRESH GARDEN SALAD with Cherry Tomatoes with FF Ranch Dressing GREEN BEANS CHILLED PEARS</p>	<p>23 BOSCO CHEESE STICKS (2) with Marinara Sauce</p> <p>FRESH GARDEN SALAD with Cherry Tomatoes & Sliced Cucumbers w/Assorted Salad Dressing WHOLE KERNAL CORN CHILLED PEARS</p>	<p>24 CHICKEN NUGGETS (5) with Dinner Roll</p> <p>OVEN FRENCH FRIES TENDER PEAS PINE APPLE TIDBITS</p>	<p>25 HAMBURGER On A WG Bun Or CHEESE BURGER On A WG Bun</p> <p>CRISPY TATER TOTS CRUNCHY CELERY STICKS with FF Ranch Dip JUICY ORANGE WEDGES</p>
<p>28 MEMORIAL DAY HOLIDAY NO SCHOOL</p>	<p>29 TERRIYAKI CHICKEN Over Brown Rice</p> <p>GREEN BEANS FRESH BROCCOLI FLORETS with FF Ranch Dip CHILLED PEACHES</p>	<p>30 COOK'S CHOICE PIZZA</p> <p>OVEN FRENCH FRIES FRESH GARDEN SALAD with Cherry Tomatoes with FF Ranch Dressing MIXED FRUIT CUP</p>	<p>31 BOX LUNCH With: American Sub Sandwich Carroteenies w/Dip Fresh Apple Slices Bag of Chips</p>	<p>f LAST DAY OF SCHOOL STUDENTS HALF DAY NO LUNCH SERVED</p>

Middle School Success Series

LEARN GOOD ACADEMIC HABITS FOR MIDDLE SCHOOL SUCCESS

* STUDY SKILLS *

* ORGANIZATIONAL SKILLS *

* PERSONAL RESPONSIBILITY *

* TIME MANAGEMENT *

* GOAL-SETTING *

Session 1: **"Middle School's Tools!"**

- Organizing locker, materials, & homework space

Tuesday, August 7

Session 2: **"Secret Study Skills"**

- Notes & outlining, using mnemonics, & active learning

Wednesday, August 8

Session 3: **"It's About Time (Management)!"**

- Creating homework habits, tracking, & planning

Thursday, August 9

SERIES HELD AT PRAIRIE KNOLLS MIDDLE SCHOOL



Sessions run from 9 a.m. to 12 p.m.

Click on link below for registration form



2018 Middle School Success ...

docs.google.com

THREE DAY SERIES AND MATERIALS = \$175

COURSEBOOK - "THE MIDDLE SCHOOL STUDENT'S
GUIDE TO RULING THE WORLD!"

TO REGISTER, CALL JENNY AT 847-878-0831 OR
EMAIL [JENNIFERCTHERIAULT@GMAIL.COM](mailto:jenniferctheriault@gmail.com)



ABOUT THE INSTRUCTOR

 Facebook

Jenny Theriault's love of teaching began over 20 years ago. While her undergraduate and graduate degrees focused on traditional classroom teaching, her career has expanded into lifelong learning skills. From her days in a classroom teaching academically struggling youth, to her time helping returning adults earn their GEDs, to her doctoral studies and work as a college instructor, she has personally witnessed that *all* learners must master learning skills before they can ever achieve classroom success. As an educator and a parent, Jenny firmly believes in the value of developing the skills necessary to succeed and being better prepared to start the school year off right!

 jenniferctheriault@gmail.com

 847-878-0831

 [facebook.com/tutoringwith...](https://www.facebook.com/tutoringwith...)

COMMENTS ABOUT THE MIDDLE SCHOOL SUCCESS SERIES

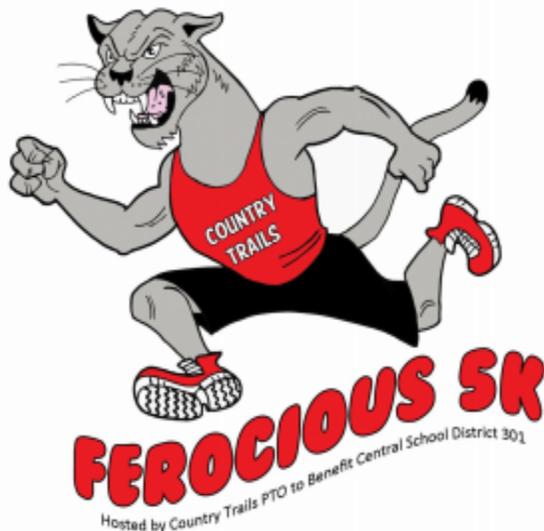
"This Middle School Series was a great way to help our middle school student prepare, organize and become more confident in how to manage through all of the changes they experience in middle school. Great program and would highly recommend it for all incoming 6th graders! "

- Lori

"Entering 6th grade, this series is great for kids to help them feel organized, understand time management and feel comfortable moving to middle school. It's a great refresher for those coming back to 7th grade as well after that summer break."

- Lisa





Sunday, May 6, 2018

5K Run/Walk @ 8:00 am

Kids' 1 Mile Fun Run @ 9:00 am

**Country Trails Elementary School
3701 Highland Woods Blvd., Elgin
(off of US 20, west of Randall Rd.)**

A 3.1 mile course will take you through winding wild-flower and tree-lined paths and the streets of **the Highland Woods Subdivision in Elgin, IL**. This course will offer some slight up-

- hill challenges, not all that *ferocious*, as well as some downhill
- relief with plenty of flat areas! Whether you run
- or walk, we hope you will find it a peaceful and visually relaxing journey. The course is USATF certified!

Proceeds will go to the Central School District 301's youth programs and for classroom resources and technology equipment.

To register or learn more visit <https://runsignup.com/Race/IL/Elgin/Ferocious5K>





PROUD TO BE A PANTHER



CENTRAL YOUTH FOOTBALL & CHEER LEAGUE REGISTER NOW!

Open to Boys & Girls Grades K - 6

Flag: Grades K - 1, Tackle: Grades 2 - 6

Visit our registration link at

CYFLPANTHERS.ORG

Register by March 31st for a \$25 discount

Join us for a Panthers Field Day and Parent Q&A
*****FREE EVENT open to all K - 6 students*****

April 15th, 4 - 6pm at Prairie Knolls Middle School
\$50 Off Registration Fee for any first-time CYFL participant
Day of the Event!

JOIN THE TEAM. JOIN THE FUN. BE A PANTHER.



Like us on Facebook @BurlingtonCYFL



See reverse for program and fee information



Central Youth Football and Cheer League

Panther Field - 12N571 Burlington Rd

www.cyflpanthers.org

The Central Youth Football and Cheer League is an all-volunteer non-profit organization dedicated to serving the community of Central District 301. We are the feeder program for the Central High School Rockets. Our goal is to teach the fundamental terminology, skills, and life-lessons that align with Rocket football and cheer philosophies, and to prepare our athletes for success on and off the field!

FLAG FOOTBALL



(Grades K-1)

Players will learn basics of the game including offensive and defensive awareness with an emphasis on running with the ball. Teachable moments, sportsmanship and developing a love of the game through self-confidence while having fun is our desired outcome!

Practices and Games

Practices will be held at Panther Field twice a week from 6-7:30 pm, starting in August. Our teams compete against other "in-house" teams, with one weekly game scheduled from 6-7:30 pm at Panther Field. The program consists of eight games which commence after several practice sessions.

Cross-Over Clinics

Periodically throughout the season, our Tackle Football teams will provide mentoring sessions with our Flag players to help integrate the programs and inspire the younger player to reach the level of tackle football.

Registration Fee: \$120 (Includes personalized jersey to keep)

CHEER



Flag(K-1), Tackle(Grades 2-6)

Join the Panther Cheer squad! Our cheer program is designed to align with middle and high school cheer. Both programs focus on sideline cheer and halftime routines, culminating in a season-end competition through the Illinois Recreational Cheerleading Association (IRCA).

Practices and Games

Practices will be held at Central Middle School twice a week from 6-7:30pm starting the last Monday of July. Flag squads end at 7:00pm. Flag football cheerleaders (Grades K-1) cheer for our in-house Flag Football teams during the week, while cheerleaders in Grades 2-6 travel on Saturdays with our tackle football teams.

Clinics and Competition

Cheer clinics will be included throughout the season for a chance to learn and develop new performance skills. Cheer squads participate in one competition hosted by the IRCA, for an opportunity to showcase their skills within cheer, dance, stunting and tumbling.

Registration Fee: \$225.00 (Includes uniform rental; Bow, spanx, socks & personalized jacket to keep)

TACKLE FOOTBALL



(Grades 2-6)

3...2...1...Contact! Our tackle football program is designed to prepare young athletes for District 301 middle school and high school football. Through collaboration with our High School program, we implement common football terminologies, strategies, and philosophy. We are very excited to be aligned with the **Northern Illinois Football Conference** (nifcfootball.org) for 2018, who shares our philosophy of fun, safe, and competitive football within a conference that is "all about the kids."

Practices and Games

Practices will be held at Panther Field 3-4 days/week from 6-8 pm, starting the last Monday of July, with a maximum of 3/week when school begins. The season consists of two scrimmages and eight regular season Saturday games, plus playoffs (for qualifying teams), ending in October.

Football Clinics

CYFL and Central High School host conditioning camps to prepare the boys for the season. Please see the CYFL website for upcoming details.

Registration Fee: \$275.00 (Includes helmet & shoulder pads rental; Socks & personalized jersey to keep)



Saturday,
May 5
10am-2pm

DOWNTOWN
ELGIN



CELEBRATE CULTURES
FROM AROUND THE WORLD!



FOOD



PERFORMERS



ARTS &
CRAFTS



MARKETS



MUSIC



SALSA
CHALLENGE

#Elginifest



elginifest.org





CLUB SOCCER TRYOUTS

FREE ONLINE REGISTRATION

BOYS | Ages 6 - 14

April 30th - May 3rd

GIRLS | Ages 6 - 13

May 21st - May 24th

Visit our website to see the detailed schedule and register: [lifezone 360.com/lzfc](http://lifezone360.com/lzfc)

INDOOR SESSIONS

*LIFEZONE 360

999 West Main Street
West Dundee, IL 60118

OUTDOOR SESSIONS

PLATO PARK

40W401 Stonecrest Dr.
Elgin, IL 60124

**no cleats or sports drinks at Lifeline 360 (turf/indoor shoes or running shoes ok)*

Lifeline FC is the competitive club arm of Lifeline Sports Academy supported by the Lifeline Foundation, a nonprofit 501c3 organization. We provide professional coaching for developmental through elite players and have teams that compete at the highest levels (MRL, State Premiership, State Cup, USA Cup). We instill skill, soccer knowledge and sound character in our players both on the field and off.



REGISTER ONLINE

@ lifezone360.com/lzfc



**CONFIDENCE.
PASSION.
CHARACTER.**

Take this opportunity to join the premier soccer club in the Western Suburbs



Campton United uniquely offers a positive and dynamic learning environment where players not only learn to individually succeed but also contribute to the success of others. Boys and girls get the opportunity to elevate their skills to unexpected levels while sharing competitive experiences with old and new friends. Parents get the confidence that comes with choosing a club with a history of achievement, a professional staff, an unparalleled commitment to kids' development on and off the field and the only soccer club in the Western Suburbs with membership to the prestigious US Soccer Development Academy.

Tryouts are free and fun! For the youngest players just starting, we offer a low intensity, highly fun program that does not require attending tryouts. Call us for details.

HOME OF THE 2015 AND 2016 NATIONAL CHAMPIONS FOR U18 BOYS AND 2017 IL STATE CUP CHAMPIONS FOR THE U17 AND U18 GIRLS

"My son has had excellent role models and fantastic coaches. People always ask if it is worth it. I say YES! My son has been around good kids, good coaches and good parents. Great investment!"

- C.M, St. Charles, IL

TRYOUTS
MAY 7-
MAY 24

REGISTER ONLINE AT
CAMPTONUNITED.COM

VISIT CAMPTONUNITED.COM OR CALL 630-377-9292 TODAY!

