



2018-2019 6th & 7th Grade High School Prep Intervention Class Syllabus

**Contact Information:**

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**Course Description:**

This HS Prep course is designed to teach students skills needed to succeed as a middle schooler, a high schooler and even more importantly, an adult. These skills are centered around executive functioning skills. Over the course of four quarters, these skills are slowly intertwined. Students will have to be able to type/write their homework and complete their homework (daily checklist), to plan for what they will need to bring home (planning and organization), use time management to plan out when they will start and finish it (metacognition and task initiation), have sustained attention when completing the assignment, use flexibility when they come across answers they don't know (communication), understand their mind and others and the social and emotional behaviors that come with it, and to persevere even when the task is challenging (accomplishing goals each week).

**Course Materials Required:**

- Binder, Trapper, Folders (Needed for All Subjects according to PKMS Team) bought by student
- HS Prep Folder
- Assignment Notebook (if needed by student)
- Fully Charged Chromebook
- Dry Erase Markers
- Pencils

**Course Materials Provided:**

- Red Folder (If student does not have own binder, trapper, folders)
- Online Google Spreadsheet (students track assignments if assignment notebook won't work)

**Online Resources**

- Canvas

Quarter 1- 9 weeks End of August to End of October	Length	Topics
	Week 1 through 9	<ul style="list-style-type: none"> <li>● Organization</li> <li>● Goal Setting(Completed Every Week of Every Quarter)::               <ul style="list-style-type: none"> <li>-HW Completion</li> <li>-Missing Work Completion</li> <li>-Study Goals</li> <li>-Communication Goals</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>● Time Management</li> <li>● Self-Control (2 weeks)</li> <li>● Mindfulness</li> <li>● Metacognition (Always Improving your Learning)</li> <li>● Strategies for Anger &amp; Emotions</li> <li>● Perseverance</li> <li>● Study Tips and Strategies</li> </ul>
<p>Quarter 2 Beginning of November to Mid-January</p>	<p>Week 1 through 9</p>	<ul style="list-style-type: none"> <li>● Organization</li> <li>● Goal Setting(Completed Every Week of Every Quarter):: <ul style="list-style-type: none"> <li>-HW Completion</li> <li>-Missing Work Completion</li> <li>-Study Goals</li> <li>-Communication Goals</li> </ul> </li> <li>● Study Tips and Taking Responsibility</li> <li>● Analyze how one's behavior may affect others</li> <li>● Task Initiation (2 weeks)</li> <li>● Mindfulness</li> <li>● Metacognition: Understanding Your Learning Target</li> </ul>
<p>Quarter 3 Mid January to End of March</p>	<p>Week 1 through 9</p>	<ul style="list-style-type: none"> <li>● Organization</li> <li>● Goal Setting (Completed Every Week of Every Quarter): <ul style="list-style-type: none"> <li>-HW Completion</li> <li>-Missing Work Completion</li> <li>-Study Goals</li> <li>-Communication Goals</li> </ul> </li> <li>● Time Management and Organization</li> <li>● Strategies for Anger and Emotions</li> <li>● Mindfulness</li> <li>● Metacognition: Evaluating Your Learning</li> <li>● Rubric Grading (2 weeks)</li> <li>● Social and Emotional Learning Standard: Analyze the reasons for school and societal rules.</li> </ul>
<p>Quarter 4 Beginning of April- Last Day of School</p>	<p>Week 1 through 9</p>	<ul style="list-style-type: none"> <li>● Organization</li> <li>● Goal Setting (Completed Every Week of Every Quarter): <ul style="list-style-type: none"> <li>-HW Completion</li> <li>-Missing Work Completion</li> <li>-Study Goals</li> <li>-Communication Goals</li> </ul> </li> <li>● Task Initiation</li> <li>● Executive Functioning Skills (2 weeks)</li> <li>● Responsibility</li> <li>● Mindfulness</li> <li>● Social and Emotional Learning Standard:</li> <li>● Working Memory</li> </ul>

**Major Course Assignments:**

- Provide a daily list of homework assignment titles and major assessments, with approximate dates in chronological order

**Grading Procedures:**

Daily lists are graded each week, over the course of 5 days. Students are also expected to check and know their missing assignments each night, as that is graded each day too. Students are then given points for reaching their goals each week, having C- or higher in core classes, and participating in the lessons each week.

**I realize that teaching your child is a privilege as well as a tremendous responsibility. I will do my best to ensure that each student has a motivating and safe learning environment in the classroom. I am looking forward to a wonderful and exciting year!**