



Important Dates

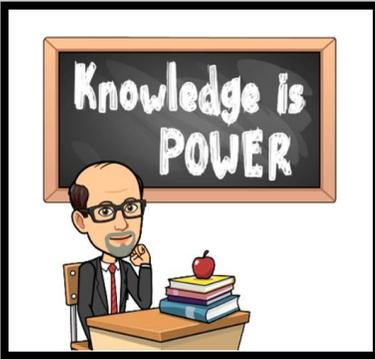
- Oct. 3 ½ Day**
- Oct. 4 No School**
- Oct. 14 Columbus Day**
- Oct. 15 Cheer Tryouts**
- Oct. 16 Author Visit**
- Oct. 16 Cheer Tryouts**
- Oct. 16 Boys Basketball Tryouts**
- Oct. 17 Boys Basketball Tryouts**
- Oct. 18 End of First Quarter**
- Oct. 23 Picture Retakes
Winter ports**
- Oct. 25 Fall Dance**

Prairie Knolls Middle School October 2019 Falcon Flyer



7th Grade Football Record Setting Victory!

Dr. Haug's Message



Hard to believe that October is here and we are past the ½-way mark of Quarter 1! Our students are working diligently on a variety of activities that challenge them and move them a little out of their academic comfort zones – that is where the real learning happens! Check out the classroom activities in this month's Falcon Flyer!

October brings us a special treat here at PKMS. Jasmine Warga, writer of young adult novels and Chicago resident, will join us at Prairie Knolls on Wednesday, October 16th, for a day of presentations to our students. She will talk with the students about the writing process and share some of her background that influenced the writing of her books, *Other Words for Home*, *Here We are Now*, and *My Heart and Other Black Holes*. Each of the grade levels will have the opportunity to hear Ms. Warga's presentation at specific times during the day, and will have the opportunity to have Ms. Warga sign books if they ordered one through the order form handed out by our ELA teachers. Parents are also invited to attend one of the presentations; look for more information about timing in the Weekly Principal's Message.

October also brings us to the CMS/PKMS PTO Marathon. Our Physical Education teachers coordinate this for us each year and combine this with long distance running that is part of their fitness program. Students have been collecting pledges for the past several weeks and are doing their run on October 1st and 2nd. Thank you all for your support of this PTO fundraiser. Because of the organization of this event and your generosity, our PTO does not conduct any other fundraisers throughout the year. They have been able to fund programs (such as Ms. Warga's visit) and help purchase materials that go directly to student learning activities.

And speaking of PTO, our next PTO meeting is Monday, October 07, at Central Middle School. Since we are a combined PTO, we alternate our meetings monthly between PKMS and CMS. Our PTO is small, but mighty, and they are looking for new members to join their ranks! Please join us at 6:15 p.m. on October 7th at Central Middle School to learn how you can get involved with this amazing group!

Finally, don't forget about upcoming important dates! Thursday, 10/03 is a ½-day School Improvement Day and students are dismissed at 11:15 a.m. Friday, 10/04 is an Institute Day and there is no school for the students. Monday, 10/14 is the Columbus Day holiday and there is no school. The end of Quarter 1 is Friday, 10/18.



News from Nurse Tracy Grote



Please remember October 15, 2019 is the deadline for sixth grade physicals and updated immunizations. State of Illinois law requires exclusion from school if these requirements aren't met. If you have received an email from Skyward requesting these documents, this means your student's records are not updated. If you have any questions or concerns or would like to review your student's health records, please feel free to call the health office.

Physicals and immunizations can be faxed to (847)717-8105.

Be advised that vision and hearing screenings by an Illinois Department of Public Health certified technician will begin in October for the following groups of students:

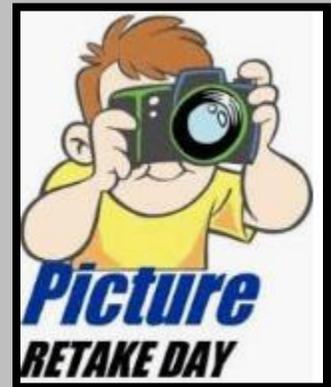
Vision: pre-school, 2nd, 8th, special education, and new students

Hearing: pre-school, kindergarten, 1st, 2nd, 3rd, special education, and new students

If you do not want your child screened, please notify the nurse in writing. The assessment of children who wear glasses consists of a brief inspection of the glasses for obvious damage. Vision is not tested as it is expected that students who wear glasses or contacts are seen by an eye doctor on a regular basis.

Picture Retake Day

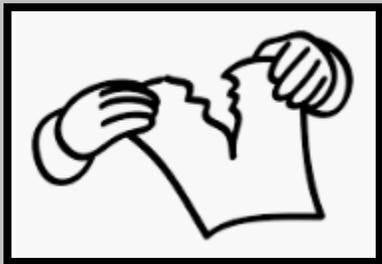
Picture Retake Day is October 23, students wanting a retake will need to bring their original package back and present it to the photographer. The photographer will then enter the package information and take a new photo.



Community Information

In an effort to make communication more efficient and effective, District 301 has created a Digital Bulletin Board page on the district website. All approved flyers will be posted under "Communications" on the main district page or at this link:

Digital Bulletin Board



Central District Record Destruction

Central Community Unit School District 301 will destroy student temporary records from the graduating classes of 2013 and 2014 and prior of students who graduated, transferred or otherwise permanently withdrew from Central School District. If a parent or student wants those records, they should call the Central High School Registrar's office at 847-464-6034 prior to Oct. 31, 2019.

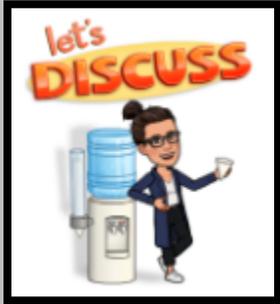
Author Jasmine Warga to Visit on October 16, 2019

ELA classes in both 6th and 7th grades started out the year with the same read-aloud book, *Other Words for Home* by Jasmine Warga. This story follows a young Syrian refugee and her mother, who flee to America to escape the dangerous conditions of the war that is raging in their home country. We are beyond excited that Jasmine Warga has agreed to come to PK and talk to our students about her books and important topics including acceptance and empathy. She'll be speaking to each of our four teams separately, and the students will have the opportunity to ask her questions and get their pre-ordered copies of her books signed. Parents are invited to sit in on one of the sessions, so please look for that information in an upcoming Principal's Message from Dr. Haug.



Assistant Principal's Corner

October is Bullying Prevention Month! In the school system, we often find that confusion exists regarding what bullying actually is. At Prairie Knolls Middle School, we teach students the following definition of bullying according to the Centers for Disease Control and Prevention, and the Department of Education: "Bullying is any unwanted aggressive behavior(s) by another youth or group of youths who are not siblings or current dating partners that involves an observed or perceived power imbalance and is repeated multiple times or is highly likely to be repeated. Bullying may inflict harm or distress on the targeted youth including physical, psychological, social, or educational harm." Understanding that bullying is a repeated, targeted behavior is important because there



are times when students have conflicts, are unkind, or just plain rude to one another, and we want them to be able to identify, and respond appropriately to each of these situations. I have shared an activity with you that I think could open the door for great discussion at home, and sheds some light on some real life situations students may encounter. Don't worry! I have provided an answer key for you following the activity questions. 😊 We will continue to work with our students to explain the differences between, what is rude, what is mean, and what is bullying, and teach them the appropriate responses for each. Your continued support of reinforcing the lessons taught here can help our students learn important social skills and life lessons! PKMS appreciates your support and partnership!

Is it Rude, is it Mean, or is it Bullying?

Directions: Read each scenario and decide whether it is rude, mean or bullying and explain.

Kayla tells MacKenzie that she can't sit with her on the bus today because she is saving the seat for a girl from her Social Studies class.

Lucas tells Damien that he can't play with the Legos because he is the worst builder in the whole first grade.

Talia makes plans to go to the school dance with her new friend, Gwen. Katie tells Talia that if she hangs out at the dance with Gwen that everyone will think she is a total weirdo and no one will like her anymore. At lunch that day, Katie convinces everyone that it would be a really funny joke to all laugh out loud when Talia approached the lunch table.

Devin and David are friends. In school, they had an argument. Devin called David a name and David shoved him out of his way.

Maggie is making fun of the fact that Jessie hangs out with the boys at recess and wears long basketball shorts to school every day. In gym class, Maggie told her to go play on the boys' team and the day before in homeroom, she wrote the words "You're so gay" on Jessie's desk.

Brady told JP he would beat him up if he touched his cars, then shoved JP out of his way. During math class, he threw a spitball at JP and kicked his chair out from under him. He threatened to punch JP if JP told the teacher.

Emma and Brit play on the same field hockey team and are normally best friends, but have been in an argument for three days. Emma called Brit a mean name after practice and Brit sends Emma a mean text.

ANSWER KEY:

Kayla & MacKenzie: Kayla is being rude, but there is no evidence of intentional meanness, repetitive behavior or a power imbalance.

Lucas & Damien: Lucas is being mean. It appears that his words are intended to hurt Damien. There is no evidence of repetitive behavior or a power imbalance, however.

Talia & Katie: Katie is acting like a bully. She has creating an unfair balance of power by getting all of the girls at the lunch table to laugh at Talia. She is also using words like "everyone" and "no one" to threaten Talia about how she will be socially excluded if she does not do what Katie wants her to do.

Devin & David: Devin and David are engaging in rough play, or rude behavior. This is not bullying because the boys are usually friends, the power balance is relatively equal and the boys are not intending to harm each other.

Maggie & Jessie: Maggie is acting like a bully. She is making fun of Jessie repeatedly, with intention to cause harm. Slurs based on sexual orientation are particularly cruel for young people and should be taken seriously by adults wishing to create a positive school culture.

Brady & JP: Brady is acting like a bully. He is engaging in repetitive cruel behavior, designed to hurt JP. He is using intimidation and threats to create a power imbalance.

Emma & Brit: Emma and Brit are being mean to each other. This is a peer conflict. They are intending to hurt each other with their words and texts. The girls are normally friends, though, and at this point, this appears to be a mutual argument rather than a repetitive pattern of one-sided cruelty.

Tech Department News



With only a few weeks left in the quarter, and the Job Interview assignment in the rearview mirror, seventh grade students are developing projects based around interpersonal skills. Students enrolled in Career Exploration are developing ad campaigns and videos to train their fellow classmates to work efficiently with coworkers.

During the next two weeks, students will plan, film and edit videos, build websites and develop an interactive training session to present their findings.

6th Grade Team News

ELA - The 6th grade ELA students have been busy! We have learned about plot, reading formats and genres, and how to read a graphic novel. Additionally, they have learned how to closely read a text, including annotating a text and finding text evidence; this will help our students in all of their classes. Also, all 6th grade students read *Roller Girl* by Victoria Jamieson to kick off our graphic novel book club, and they just received a new graphic novel to read. Coming up next in our Acceptance Unit—writing narratives that include perfectly formatted dialogue!

Math - The 6th grade math students will be finishing up their first unit during the last week of September. We will continue our study of the number system by engaging in around the room activities, online practice endeavors, and collaborative work. We will use real world applications to help solidify our understanding of the unit's concepts including rational numbers, absolute value, and reflections.

Science - Students began the school year learning skills that a scientist would use. They learned how to make observations using their 5 senses and then they made inferences to explain the observations. They learned how to measure the mass of objects by using a pan scale, and how to measure volume using a graduated cylinder. They then put their new skills to work to calculate the density of salt and water. We have now begun our study of Earth's history. Students participated in a timeline activity that spanned Earth's 4.6 billion year history. Our focus is now on learning how the Grand Canyon formed. We are learning about the rocks that make up the different layers of the Grand Canyon and will then learn how the forces of nature have shaped the Grand Canyon.

Social Studies - This month we are full-fledged into Ancient China. We are learning about different dynasties, their rulers, government, philosophies and inventions that are still being used today! Study of the Silk Road is on the horizon and students will experience how the much desired commodity of silk generated a trade route that spread not only goods but ideas, religion and cultures!

7th Grade Team News

Science- During the month of October, the science students will be exploring the kingdoms of fungi and plants. Whether it be dissecting a mushroom or designing their own experiments to show a plant tropism, this month will be another engaging one for the Falcons in science class!

ELA-Students will be revisiting the components of argument writing and will be conducting research on a topic of their choice to prepare them for writing a formal argumentative essay. Part of their instruction will include how to properly cite sources and how to paraphrase information gleaned from sources. Students recently finished a round of book clubs, where they worked with a small group to choose books that had some common tie, and a new round will resume 2nd quarter. In the meantime, students should still have an independent book to read at home and in class each day.

Social Studies - Students will continue to analyze the origins of the tension between Great Britain and her American colonies in the late 18th century. In order to better understand the American desire for more rights and representation in government, students will be debating, reading primary sources, and considering various texts and issues. We are also well into our class read aloud, Johnny Tremain, and students will begin to encounter the same historical figures in the book that we'll be learning about in class!

Math- Students will be finishing up their expressions unit and starting their equations unit. During the expressions unit, they will learn how to distribute with negatives and rational numbers, along with how to evaluate expressions and write expressions based off a word problem. During the equations unit, they will learn how to solve equations with negatives, along with how to complete multi-step equations with word problems.





Falcon Athletics

Fall Sports (Cross Country, Football & Volleyball)

Football, Cross Country, and Volleyball are close to wrapping up their successful seasons! We had a great turnout for all home games. Thank you for your support of PKMS Athletics! As the end of the season approaches the head coaches will be giving information to the kids about turning in all uniforms provided by the school. A fee will be charged for any lost or damaged items. Please contact the head coach or Mr. Hamel if you have any questions.

Just a friendly reminder, per district policy, unleashed or leashed pets are not allowed on the school premises for the safety of all.

Winter I Sports (Boys' Basketball & Cheerleading)

We are just a few short weeks away from the start of our boys' basketball and cheerleading seasons! Below you will find information about trying out for these sports.

General Tryout Information

Students who want to try out for a sport must have registered for that sport on 8to18 (il.8to18.com/prairieknolls) and have turned in an up-to-date physical before tryouts start. Any questions should be directed to each sport's coach or PKMS Athletic Director, Brody Hamel. All students interested in trying out for a winter sport should have attended one of our lunchroom meetings that highlighted important tryout information.

Boys' Basketball Tryouts

Tryouts will be held on:

Wednesday, October 16th 3:00 p.m. – 5:00 p.m.

Thursday, October 17th 3:00 p.m. – 5:00 p.m.

7th grade Head Coach – Mr. Sportsman

Assistant Coach – Mr. Valentini

Mandatory Basketball Parent Meeting on Monday, October 21st @ 5:00 pm. in room 132 (near the gym) for all boys and parents that make the school team.



Cheerleading Tryouts

Students who are interested in joining the cheerleading squad must attend two days of tryouts in the cafeteria. During these practices the athletes will learn the sideline cheers and halftime dance that they must perform for tryouts.

Tryout Dates:
Tuesday, October 15th and
Wednesday, October 16th 3:00-5:00pm



Mandatory Cheerleading Parent Meeting on Thursday, October 17th @ 5:00 in the PKMS Art Room for all girls that make the school team. Enter door 26 on the South side of the building.

Winter II & Spring Sports (Wrestling, Girls' Basketball, Scholastic Bowl & Track)

Wrestling season begins in early December. Information about the season will be posted on the PKMS website in early November. **Girls' Basketball** begins in January after we return from winter break. The tryout information will be posted on the PKMS website in early December. Our last sport of the year is **Boys' and Girls' Track** which begins in March. Information for track will be available on the PKMS website in early February.

All tryout information will also be available to the students through pre-season meetings done during lunch and/or throughout the year. Below are the general requirements needed to participate in athletic tryouts or practices:

- Physical (within one year)
- Registration on 8to18 website (il.8to18.com/prairieknolls)
- Fee (\$100.00 due before the first competition)



Any student who does not have a physical on file and registered at 8to18 will not be allowed to tryout or practice!



October 2019

Mon	Tue	Wed	Thu	Fri
<p>Menu Subject to Change Due to Market Conditions and Product Availability</p> <p>MY SCHOOL BUDDS PAY FOR MEALS ONLINE MySchoolBuds.com</p>	<p>1</p> <p>CHICKEN NUGGETS (5) With Dinner Roll</p> <p>OVEN FRENCH FRIES GREEN BEANS</p> <p>CINNAMON APPLESAUCE</p>	<p>2</p> <p>BOSCO CHESSE STICKS (2) With Marinara Sauce</p> <p>FRESH GARDEN SALAD W/ Cherry Tomatoes & Sliced Cucumbers w/ Asst. Salad Dressing</p> <p>TENDER PEAS</p> <p>CHILLED PEACHES</p>	<p>3</p> <p>SCHOOL IMPROVEMENT DAY</p> <p>STUDENTS HALF DAY</p>	<p>4</p> <p>TEACHER INSTITUTE DAY</p> <p>NO SCHOOL</p>
	<p>7</p> <p>CHEESE QUESADILLA OR CHICKEN QUESADILLA W/Salsa & Sour Cream</p> <p>FIESTA BLACK BEANS CARROTEENIES With Ranch Dip</p> <p>MIXED FRUIT CUP</p>	<p>8</p> <p>CHICKEN PARMESAN SANDWICH On A WG Bun</p> <p>FRESH GARDEN SALAD With Cherry Tomatoes w/ Assorted Salad Drsg</p> <p>SEASONED CORN</p> <p>FRESH APPLE SLICES</p>	<p>9</p> <p>CHEESY FRENCH BREAD PIZZA</p> <p>VEGETABLE TRAY With Broccoli-Cherry Tomatoes -Pea Pods w/Ranch Dip</p> <p>GREEN BEANS</p> <p>CHILLED PEARS</p>	<p>10</p> <p>MEATBALLS In Marinara Sauce Over Pasta</p> <p>TENDER PEAS CELERY STICKS With Ranch D</p> <p>CINNAMON APPLESAUCE</p>
<p>14</p> <p>COLUMBUS DAY HOLIDAY</p> <p>NO SCHOOL</p>	<p>15</p> <p>POPCORN CHICKEN BITES Breaded or Spicy With Dinner Roll</p> <p>GREEN BEANS CARROTEENIES With Ranch Dip</p> <p>MIXED FRUIT CUP</p>	<p>16</p> <p>ROUND 5" CHEESE PIZZA</p> <p>FRESH GARDEN SALAD With Cherry Tomatoes - Br w/ Assorted Salad Drsg</p> <p>TENDER PEAS</p> <p>FRESH APPLE SLICES</p>	<p>17</p> <p>MINIPANCAKES W/ Chicken Sausages Pattie And Maple Syrup Cup</p> <p>CREAMY FUIT YOGURT HASH BROWN PATTIE TROPICAL TWIST JUICE BOX</p> <p>CHILLED PEACHES</p>	<p>18</p> <p>WALKING TACO With Cheese & Salsa</p> <p>WHOLE KERNAL CORN REFRIED BEANS</p> <p>FRUIT SLUSHY</p>
<p>21</p> <p>SLOPPY JOE On A WG Bun</p> <p>OVEN FRENCH FRIES GREEN BEANS</p> <p>JUICY ORANGE WEDGES</p>	<p>22</p> <p>BEEF NACHOS With Salsa & Sour Cream</p> <p>FIESTA BLACK BEANS CARROTEENIES With Ranch Dip</p> <p>CHILLED APPLESAUCE</p>	<p>23</p> <p>CHEESE OR PEPPERONI PIZZA SLICE</p> <p>VEGETABLE TRAY With Cherry Tomatoes- Broccoli - Cauliflower w/Ranch Dip</p> <p>TENDER PEAS</p> <p>CHILLED PEACHES</p>	<p>24</p> <p>MASHED POTATO BOWL Made With Mashed Potatoes, Chicken Bites, Corn & Gravy</p> <p>MASHED POTATOES FRESH BROCCOLI With Ranch Dip</p> <p>CHILLED PEARS</p>	<p>25</p> <p>CHICKEN PATTIE Breaded or Spicy On A WG Bun</p> <p>SWEET POTATO FRIES CELERY STICKS With Ranch Dip MIXED FRUIT CUP</p>
<p>28</p> <p>MEATBALL SUBMARINE With Marinara Sauce & Mozz Cheese</p> <p>MIXED VEGETABLES CARROTEENIES With Ranch Dip</p> <p>CHILLED PEACHES</p>	<p>29</p> <p>AMERICAN SUB Made with Ham, Turkey & Cheese</p> <p>CRISPY TATOR TOTS CELERY & CARROT STICKS With Ranch Dip</p> <p>CHILLED PEARS</p>	<p>30</p> <p>STUFFED CRUST CHEESE PIZZA</p> <p>FRESH GARDEN SALAD With Cherry Tomatoes & Sliced Cucumbers with Assorted Dressings</p> <p>GREEN BEANS</p> <p>FRESH APPLE SLICES</p>	<p>31</p> <p>HAPPY HALLOWEEN BAKED POTATO Topped with Broccoli & Cheese Sauce with a Halloween Pretzel</p> <p>STEAMED BROCCOLI CELERY STICKS With Ranch Dip</p> <p>APPLESAUCE CUP</p>	<p>Value Meal Lunch Price: \$3.00 (Meal includes Choice of Milk)</p> <p>Reduced Meal Lunch Price: \$0.40 (Meal includes Choice of Milk)</p> <p>Milk: \$0.40</p>



Halloween Costume Rules

With Halloween quickly approaching, we encourage students at PKMS to dress for the day, yet there are a few things that they need to know to maintain a safe and productive learning environment:

1. Do not wear, or bring, masks to school. Face paint may not cover the entire face.
2. If your choice is a sports theme, no baseball bats, hockey sticks, golf clubs, etc. are allowed. Also, do not wear cleats or spikes as they may damage floors and become slipping hazards.
3. No weapons, or look-alike weapons, are allowed at any time. No spikes, chains or ropes may be brought to school. Failure to follow this rule may result in disciplinary consequences.
4. Make up, hair dye, sunglasses and hats are permitted as long as they are not dangerous or disruptive. Sunglasses and hats must be removed in the classroom.
5. No clothing or props that depict drugs, alcohol or their usage are permitted.
6. Costumes should not prevent the student from fully participating in learning activities. Use good judgement!
7. All make up and accessories must be put on at home.
8. Building administration has the right to require students to change their apparel if it is deemed that the costume is not appropriate for school. If a change of clothing is not available, students will be required to put on their gym uniform.

Falcon Pride!

