



Important Dates

- | | |
|----------|----------------|
| March 6 | Annie Jr. |
| March 7 | Annie Jr. |
| March 10 | Band Concert |
| March 12 | Chorus Concert |
| March 13 | Spring Dance |
| March 19 | P/T Conference |



Spring Break
March 30-April 3, 2020
[Digital Bulletin Board](#)

Prairie Knolls Middle School March 2020 Falcon Flyer



February 5, 2020 was Charater Day at Prairie Knolls Middle School
Thank you to the PTO for sponsoring this event!

Dr. Haug's Message

March is here and that means that Spring is just around the corner! With Spring comes the beginning of our planning for the upcoming school year, as we continue with many classroom activities and school events to finish the 2019-2020 school year.

Keep in mind that we have just two weeks until the end of Quarter 3; Friday, March 13. Differently this school year, we will have two weeks of Quarter 4 before we start Spring Break. Please help your children by encouraging them to stay focused and engaged in their classes. We want them to finish strong!

Our 7th Grade students just completed their Constitution Tests this past Thursday. Illinois state law requires that students demonstrate understanding of the U.S. and Illinois Constitutions prior to exiting middle school. Our 7th grade Social Studies and Reading teachers worked hard with students to prepare them for their tests and overall they did very well! Additionally, students engaged in a political party / election simulation where they had the opportunity to present political platforms through speeches, then vote for the candidate / platform of their choice. Congratulations to Mateusz Placzek (President) and Haden Raders (Vice-President) for winning the most votes! We also want to thank our parent volunteers for coming in to act as election judges for the polling “precincts” set up around the building.

As noted above, Spring Break will occur March 30 through April 3 this year. When we return, we will begin the Illinois Assessment of Readiness (IAR) testing on Wednesday, April 8th. The preparation for this testing has been taking place all year as staff has addressed standards through their curriculum. We need your help by reminding your children that, with this being an online test, they will need “wired” headphones/earbuds to listen to portions of the test. In other words, wireless earbuds will not work with the online testing environment. Your assistance in this matter is greatly appreciated.

Finally, we want to remind you about the upcoming District 301 presentation, “Wake Up Call”, on Tuesday, March 3rd, from 6:30 – 8:00 p.m. at Central High School. This is a drug awareness presentation featuring a life-size exhibit of a teen’s bedroom with more than 20 “red flags” that can signal drug or alcohol use. The goal of the presentation is to educate parents and other adults who are influential in the lives of youth so they know what seemingly innocent items can actually be indicators of substance abuse. There will also be an opportunity for participants to ask questions and get a closer look at the items in the “bedroom”. This presentation is for adults only (21 years of age and older), and is open to anyone in the area. Since space is limited, registration is required. Please visit <https://wakeupcallcentral.eventbrite.com> to register.

Assistant Principal's Corner

Did You Ever Wonder?



As we go through the grind of daily life, we often forget about some of the constant factors that revolve around us that we don't have answers to. I had some questions that I never had answered about PKMS regalia and layout, so I launched a full scale investigation to find answers to the questions listed below. Thanks to the help of Dr. Stirn, Dr. Mongan, Mr. Hamel, and former superintendent, Dr. Brad Hawk, I have located the answers to some questions I have always had, and am documenting them so we can have answers for future generations:

Why are we the Falcons?

The Prairie Knolls mascot was decided upon by the sixth through eighth graders in the district at the time the school was opened. Students were given the option to vote between Cardinals, Hawks, or Falcons, based on the birds that currently reside in the prairie landscape around the school. Go Falcons!

What is the name of our mascot?

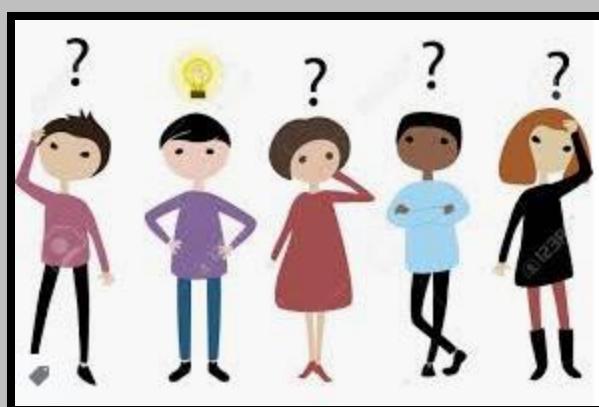
Our mascot's name is Frankie the Falcon! He wants to remind everyone, "Don't be bad, be good!"

Why are our colors red and silver?

There is not a clear answer for this one as all of my sources had different responses. The consensus was the following... just as in the mascot, students voted on our colors. These colors are similar to the colors for Country Trails Elementary School!

Why is the PKMS yellow hallway yellow, and not a school color?

The answer to this one is not quite as exciting... The yellow hallway was an artistic decision made by the architect of the building.





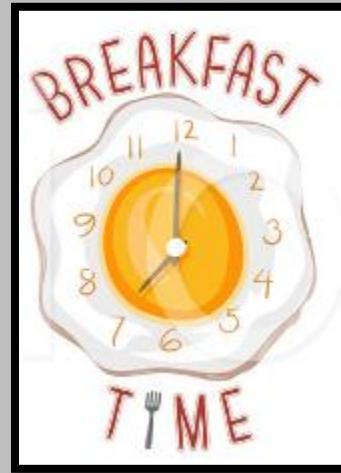
News from Nurse Lauren Sak

Mid-morning I am seeing many students that complain of headache, and fatigue. These symptoms may be signs of illness, but more commonly they are signs of hunger and mild dehydration. Overwhelmingly, students report that they have not eaten or had much to drink yet that day. Breakfast is such an important way to start the day and helps students increase alertness and focus in class until lunch.

Also, carrying a water bottle throughout the day and refilling when it's empty is an easy way to prevent the side effects of dehydration.

Here are some easy breakfast ideas for busy school mornings:

Frozen breakfast sandwiches (warmed in microwave)
Hot Oatmeal & Fruit
Overnight Oats
Toast with peanut butter or avocado
Breakfast muffins
Breakfast smoothies with yogurt
Yogurt with fresh fruit and granola
Frozen waffles with topping of your choice
Scrambled Eggs & Toast
Hard boiled eggs



If food security is needed for your family, please feel free to reach out to Mr. Brooks, School Social Worker, Dr. Haug, Mrs. Paszt, or Mrs. Japuntich, the sponsor of our STAR Program, which houses the Food Pantry for families in need. Their email addresses are charles.brooks@central301.net matthew.haug@central301.net alex.paszt@central301.net kimberly.japuntich@central301.net

DENTAL REMINDER FOR GRADES K, 2, 6, & 9

The state of Illinois requires all students who are in Kindergarten, 2nd, 6th, & 9th grade to have a dental examination completed and on file in the health office by May 15th. The dental examination must be completed within 18 months prior to the 05/15/20 deadline. If you have not already done so, please send in the completed examination form to the health office as soon as possible. The dental form can be found here: <https://central301.net/health-services/health-requirements/>



Community Information

In an effort to make communication more efficient and effective, District 301 has created a Digital Bulletin Board page on the district website. All approved flyers will be posted under "Communications" on the main district page or at this link:

Traffic Pattern

It has been brought to our attention that recently several of our families are “cutting” the traffic pattern line and having their children walk out to the athletic parking lot after school. Several of our traffic cones have been damaged due to cars attempting to avoid the line, then driving over the cones. We will be replacing these cones and adding additional ones as the year progresses. For the safety of students and other drivers, please follow the established traffic patterns. **Additionally, students will be reminded not to exit the building from Door #26 at the end of the school day.**



2020/2021 Registration Information

CCUSD301 Registration for 2020-2021 will be available March 20, 2020. Please register your child online through the SKYWARD [parent portal](#). Online Registration is due April 10, 2020. If you are having trouble logging in or completing this process, please contact the school office via phone or email alice.thomas@central301.net.

ANNUAL RESIDENCY VERIFICATION

If you already have a student in grades EC-12th grade and currently own and reside at your residence in Skyward you are not required to prove residency. If you have moved you will need to contact the office and complete a new residency verification form and submit the required documentation to prove your residency. **Families that rent or are hosted are required to complete residency paperwork annually. Residency verification for the 2020-2021 school year will begin on May 1st.**

Important NOTE: Verification of Residency is due July 31st. Students who have not completed the residency paperwork by the start of school will be excluded.

IGSMA Solo and Ensemble Festival

Congratulations to Grace DeLong, Sam Kobylewski, Jackson Wipperfurth, Mia Estrada, Parina Soni, Caiden Cabangal, Luke Vanoss, Raniel Tan, Ross Miller and Elise Gagne for performing at the IGSMA Solo & Ensemble Festival this past weekend. All students performed either a solo or duet in front of a judge and were given feedback and grades for their performances. Congratulations to these students for their amazing performances and great results!



Encore Department News



As 3rd Quarter comes to an end, Art students are working diligently to finish up their perspective drawings and clay projects. I look forward to seeing the final products as the drawings are turned in and the clay projects get fired. Keep an eye out for your child's work as it will be coming home soon!

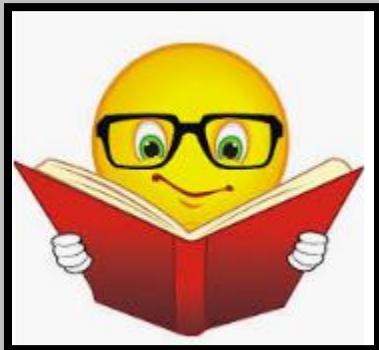
As a reminder for incoming 4th Quarter students, you will need to bring pencils, colored pencils, an eraser, and an Ultra-Fine point black Sharpie for the work to be completed in Art.

Mr. Denman is looking forward to meeting the 6th grade students and reconnecting with the 7th graders!

Jazz Café was a Huge Success!



6th Grade Team News



ELA: After finishing *Touching Spirit Bear*, we are winding down our unit and getting ready for the Change unit test at the beginning of March. During the month of March, we will also start preparing students with some IAR strategies as well as more extended writing tasks that the students will encounter during testing. While optional, don't forget to log your reading for the Six Flags ticket as well as the Kane County Cougars reading program. Keep up that independent reading, terrific 6th graders!

Math: We are well into our Geometry Unit, Unit 6. So far, students have learned about the perimeter and area of polygons, including fraction lengths. Students are currently working on finding the area and perimeter of polygons on a coordinate plane. Next week, we will begin the deconstruction of polygons and will find the area of those composite shapes. We will wrap up the unit with exploring the surface area and volume of 3-dimensional shapes. There will be a unit test at the end of Quarter 3.



Science: Our Earth's History Unit was wrapped up with a big unit test. The students have really learned a lot in this unit. They have learned about Earth's 4.6 billion year history and how scientists have used rock layers and fossils to determine what happened long ago. We will be starting our next unit, Earth's Place in the Universe. We will learn about our place in the solar system, how day and night occurs and how seasons occur. Students will explore the moon and its cycles. This will be a relatively short unit. Weather will be our last unit of the year.

Social Studies: Social Studies students have been studying the impact of the Fall of Rome on citizens and other major cities. We will be looking into the economic and religious shifts that will be happening as barbarians make their mark and life in Europe declines. March will see us moving more towards the Middle Ages complete with feudalism, daily life structures and the Crusades!



7th Grade Team News

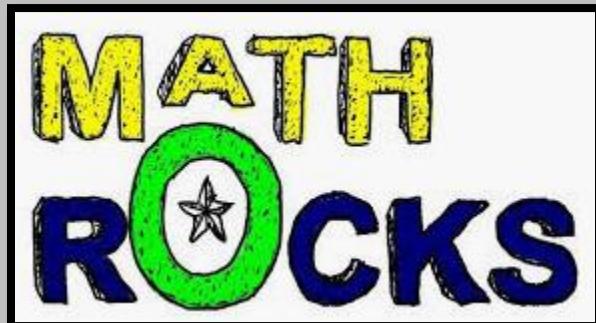
Science: During the month of March, 7th grade science students will explore organisms at the cellular level. The students will learn how the individual parts of cells work together to make cells living things. The students will then apply this knowledge to the larger concepts of photosynthesis, cellular respiration, and mitosis. This will all set the stage for our study of genetics and how individual traits are inherited through our genes.

Social Studies: Congratulations to 7th graders for doing great on the Constitution test and throughout the whole unit! It's a very high pressure exam and it was fun to see everyone come together and support each other and their studying. Students will start off the month of March by analyzing the Illinois Constitution as well as comparing it to the Federal Constitution. After the Illinois Constitution test, we'll be getting back into history! Students will be learning about George Washington's Administration as well as the formation of political parties. While doing so, we will also be analyzing how the brand new Constitution was applied to the actual events that occurred during our early years as a nation.

ELA: For the month of March, students in ELA will take a look at freedom and how people have fought for freedom in various ways throughout history. As part of this unit, students will read short biography books featuring someone who fought for freedom. Our current historical fiction read aloud, *Refugee*, will enable us to make connections to the unit theme and deepen our understanding. As a culmination to this unit, students will develop a research question that connects with freedom and enables them to conduct research on an area of their interest. They will use their research to answer that question and share what they learn with their classmates.

Math 7: During March, Math 7 will continue to work through the percent unit. During this unit they will learn how to calculate tip, tax, markup and discounts along with percent change, percent error and simple interest. We will be learning how to do this through two different methods, method one is using proportions and method two is using equations.

Pre-Algebra: Pre-Algebra students will be finishing up their Systems of Equations Unit, and moving on to the Pre-Algebra Statistics Unit. We will be expanding on what we have already covered in the 7th grade stats unit. Following the Statistics Unit we will start our Pythagorean Theorem Unit. During this unit, students will be using various measurements that represent right triangles to determine lengths.





Falcon Athletics

Girls Basketball -

We want to wish the Girls Basketball Team good luck for their upcoming NCJC Tournament being held at Prairie Knolls on Thursday, March 5th and Saturday, March 7th. Let's cheer the girls on to a victory!



Scholastic Bowl -

The PKMS Scholastic Bowl is having a great season! They have their conference tournament at DeKalb Rosette Middle School on Saturday, March 7th. We wish them good luck in the tournament!

Wrestling -

Wrestling just began their postseason as part of IESA. They competed in Sterling for Regionals on Saturday, February 29th. If any wrestlers advance, Sectionals will be held on Saturday, March 7th and State would be on Friday, March 13th and Saturday, March 14th at NIU. Good luck Wrestlers!

Track -

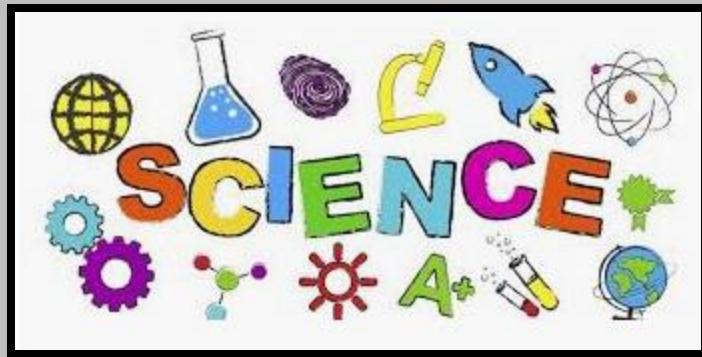
Track season is just around the corner! Our first official practice is on Monday, March 16th. Practices will be held from 3:00 - 5:00 pm each evening. There will be a parent information meeting after practice on Monday, March 16th from 5:00-5:30pm in the PKMS Cafeteria. All 7th and 8th graders who join the track team must attend the meeting with one parent/guardian. Parking for the meeting will be available near the gym and door 26 (athletic doors) will be open. If you are unable to attend this meeting, please contact one of the track coaches prior to the meeting.

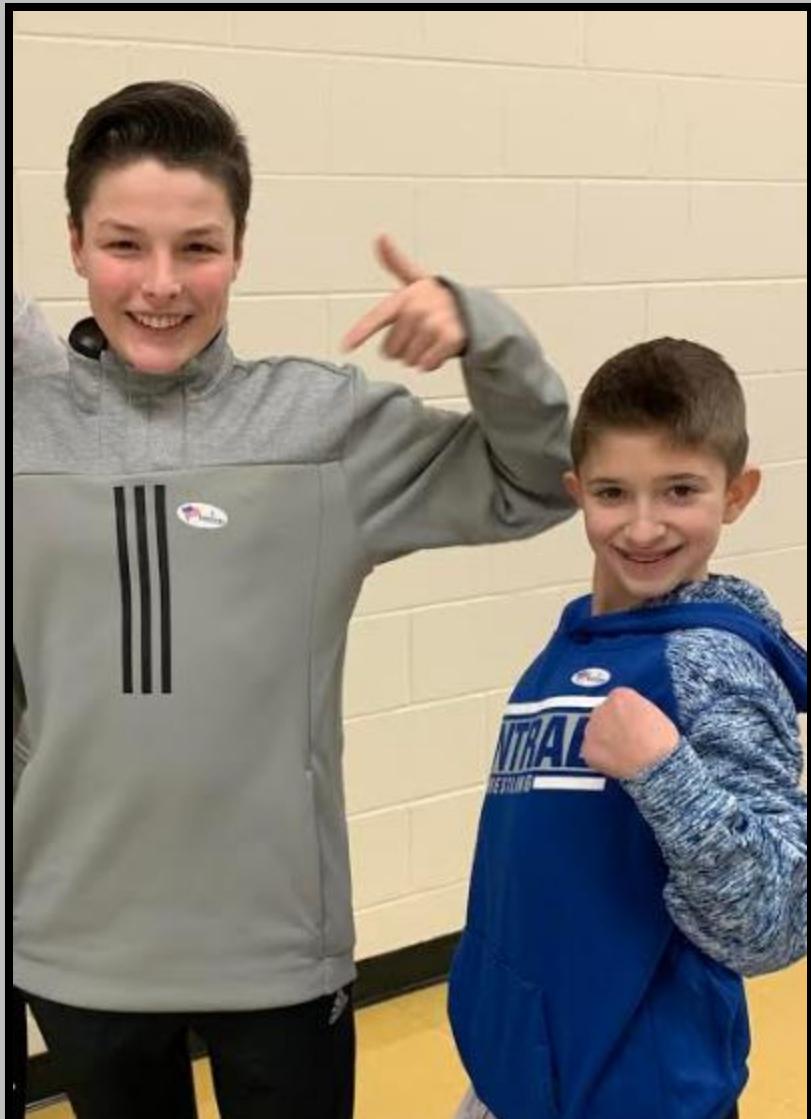
Track Coaches: 7th grade – [Coach Ebener](#), [Coach Morgan](#)
 8th grade – [Coach Govea](#), [Coach Kaht](#)

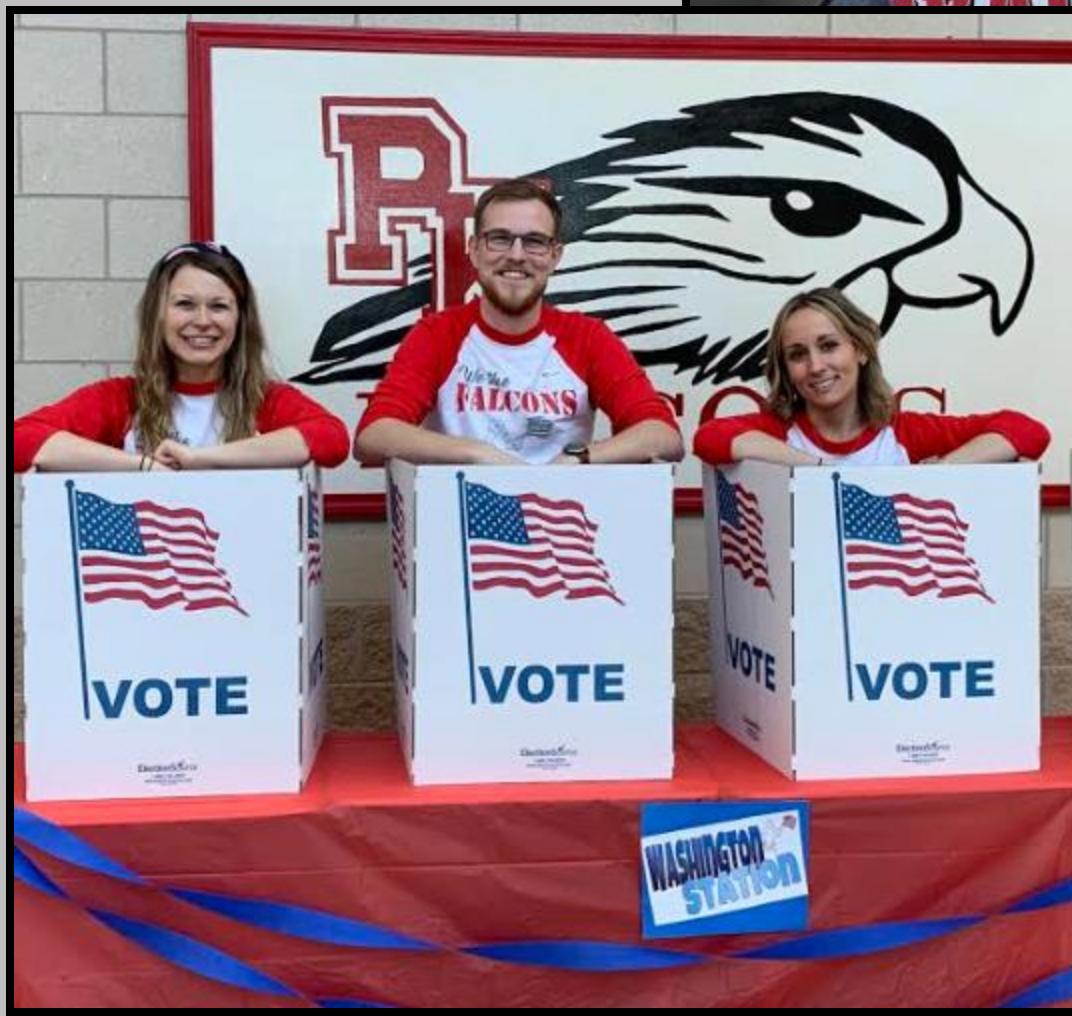
Registration for Track and Field is now open!! To register, visit <http://il.8to18.com/prairieknolls>. Click on the registration tab and then follow instructions to sign up for 7th grade Track and Field. To join the team, student athletes must register on 8to18 and turn in an up-to-date physical (within one year) before the first day of practice. If your child has submitted paperwork for a previous sport this school year they do not need to turn in additional paperwork. We hope to see you there!

***Any student who has not registered on 8to18 or turned in physical form will not be allowed to tryout or practice!
-Fee (\$100.00 due before the first competition)**

The 7th grade science students capped off their study of ecology with the dissection of owl pellets. The students gathered evidence and pieced together their findings to review how energy flows in an ecosystem. It was an exciting, hands-on experience that students will remember!









Constitution Day

This week, 7th grade students wrapped up their Constitution unit in social studies! After doing great on the final test, students took part in a schoolwide mock election. Throughout their unit, 7th graders formed political parties, chose a candidate, and formed political platforms regarding current Constitutional issues.

Each social studies class then held a primary election to narrow down the field of candidates and on Friday, Mateusz Placzeck and Haden Raders were elected as the Constitution Day President and Vice President. The 7th grade social studies teachers would like to thank the parents who came to volunteer as well as all families for supporting their students throughout their preparation for the final test.

Central Youth Football and Cheer League



CYFL is excited to offer football and cheer to the D301 community for children ages 4-14. Both our flag and tackle programs are designed to teach young athletes of District 301 the fundamental skills of football and to prepare them for high school football. Our mission is to teach the meaning of commitment, respect, hard work, sportsmanship, and teamwork through the game of football. Our Flag program is aimed

at improving balance, hand-eye coordination and motor skill development. Our cheer program will focus on cheer fundamentals, voice projection, and basic stunting while performing classic, as well as new, cheers during weekly football games. Our goal is to offer participants the opportunity to learn leadership, sportsmanship and self-confidence. Check out our website and register at cyflpanthers.org TODAY!!



**PRAIRIE KNOLLS MIDDLE SCHOOL
PRESENTS**

Annie JR.

Book by

Thomas Meehan

Music by

Charles Strause

Lyrics by

Martin Charnin

Original Broadway Production Directed by **Martin Charnin**

Based on "Little Orphan Annie"® By Permission of Tribune Content Agency, LLC.

**MARCH 6TH AT 7:30PM
MARCH 7TH AT 1PM**

TICKETS \$5 AT THE DOOR

**PERFORMANCES AT CENTRAL MIDDLE
SCHOOL ON PLATO ROAD**

Annie JR. is presented through special arrangement with

and all authorized materials are supplied by

Music Theatre International, New York, NY

(212) 541-4684 mtishows.com



MARCH 2020

Mon	Tue	Wed	Thu	Fri
2 CHEESE QUESADILLA OR CHICKEN QUESADILLA REFRIED BEANS SEASONED CORN CHILLED PEACHES	3 CHICKEN PARMESAN SANDWICH On a Whole Grain Bun GREEN BEANS CARROTEENIES With Ranch Dip CHILLED PEARS	4 CHEESE FRENCH BREAD PIZZA VEGETABLE TRAY with Green, Red, and Yellow Pepper Strips with Ranch Dip STEAMED BROCCOLI FRESH APPLE SLICES	5 ITALIAN MEATSAUCE Over Pasta And a Whole Grain Breadstick FRESH GARDEN SALAD With Cherry Tomatoes w/Asst Salad Dressing TENDER PEAS MIXED FRUIT CUP	6 CHICKEN NUGGETS (5) WAFFLE CUT FRIES CRUNCHY CELERY STICKS With Ranch Dip CINNAMON APPLESAUCE
9 AMERICAN SUB Made with Ham, Turkey, and Cheese BAKED VEGETARIAN BEANS GOLD RUSH JUICE BOX CHILLED PEARS	10 MASHED POTATO BOWL With Popcorn Chicken, Corn, Mashed Potatoes SEASONED CORN MASHED POTATOES CARROTEENIES With Ranch Dip FRESH APPLE SLICES	11 BUFFALO CHICKEN PIZZA OR CHEESE PIZZA SLICE FRESH GARDEN SALAD W/ Cherry Tomatoes & Sliced Cucumbers w/ Asst. Salad Dressing GREEN BEANS MIXED FRUIT CUP	12 MEATBALL SUBMARINE With Shredded Mozz Cheese VEGETABLE TRAY With Baby Carrots, Cherry Tomato, Celery Sticks with Ranch Dip SWEET POTATO FRIES CHILLED APPLESAUCE	13 CHICKEN TENDERS CRISPY TATER TOTS TENDER PEAS JUICY ORANGE WEDGES GRAHAM SPORTS COOKIE
16 BBQ RIB SANDWICH On a Whole Grain Bun OVEN FRENCH FRIES CREAMY COLE SLAW FRESH APPLE SLICES	17 <u>ST. PATRICK'S DAY</u> CHICKEN NUGGETS POTATO WEDGES GREEN BEANS CHILLED PEACHES LEPRECHAUN COOKIE	18 CHEESE PIZZA SLICE OR PEPPERONI PIZZA SLICE FRESH GARDEN SALAD W/ Cherry Tomatoes & Sliced Cucumbers w/ Asst. Salad Dressing SEASONED CORN CHILLED PEARS	19 NACHOS With Taco Beef FIESTA BLACK BEANS CARROTEENIES With Ranch Dip JUICY ORANGE WEDGES	20 Teacher In-Service Students Half Day No Lunch Served
23 HAMBURGER OR CHEESEBURGER On a Whole Grain Bun SWEET POTATO FRIES GREEN BEANS STRAWBERRY APPLESAUCE	24 ITALIAN MEATSAUCE Over Pasta And a Whole Grain Breadstick FRESH GARDEN SALAD With Cherry Tomatoes & Cucumber Slices w/Assorted Salad Dressings ITALIAN BLEND VEGGIES ORANGE WEDGES	25 BOSCO CHEESE STICKS (2) With Marinara Sauce VEGETABLE TRAY With Baby Carrots, Cherry Tomatoes, Pea Pods With Ranch Dip SEASONED CORN CHILLED PEACHES	26 <u>BASEBALL SEASON STARTS</u> BEEF HOT DOG On a Whole Grain Bun OVEN FRENCH FRIES BAKED VEGETARIAN BEANS BAG OF POPCORN FROZEN FRUIT SLUSHY	27 SOFT SHELL CHICKEN TACO With Cheese, Lettuce & Salsa SEASONED CORN TROPICAL TWIST JUICE BOX MIXED FRUIT CUP
 <p>Value Meal Lunch Price: \$3.00 (Meal includes Choice of Milk) Reduced Meal Lunch Price: \$0.40 (Meal includes Choice of Milk) Milk: \$0.40</p>				
<p>Menu Subject to Change Due to Market Conditions and Product Availability</p>				
<p> </p>				



stop the flu
it starts
with **you**

Remember
the **3C's**



Clean your hands

Wash your hands with soap and warm water after coughing, sneezing, or using the bathroom.

Cover your nose and mouth

Use a tissue when coughing or sneezing, if you don't have a tissue, cough or sneeze into your upper sleeve – not your hands.



Contain your germs

Stay home if you have the flu. If you have fever or chills AND a cough, or sore throat tell your teacher or school nurse.

Website: kanehealth.com

